

The double angle formulae are:

$$\begin{aligned}\sin 2\theta &= 2 \sin \theta \cos \theta \\ \cos 2\theta &= \cos^2 \theta - \sin^2 \theta \\ &= 1 - 2 \sin^2 \theta \\ &= 2 \cos^2 \theta - 1\end{aligned}$$

**Example 15****Self Tutor**

Given that $\sin \alpha = \frac{3}{5}$ and $\cos \alpha = -\frac{4}{5}$ find:

a $\sin 2\alpha$

b $\cos 2\alpha$

$$\begin{aligned}\mathbf{a} \quad \sin 2\alpha &= 2 \sin \alpha \cos \alpha \\ &= 2\left(\frac{3}{5}\right)\left(-\frac{4}{5}\right) \\ &= -\frac{24}{25}\end{aligned}$$

$$\begin{aligned}\mathbf{b} \quad \cos 2\alpha &= \cos^2 \alpha - \sin^2 \alpha \\ &= \left(-\frac{4}{5}\right)^2 - \left(\frac{3}{5}\right)^2 \\ &= \frac{7}{25}\end{aligned}$$

Example 16**Self Tutor**

If $\sin \alpha = \frac{5}{13}$ where $\frac{\pi}{2} < \alpha < \pi$, find the exact value of $\sin 2\alpha$.

α is in quadrant 2, so $\cos \alpha$ is negative.

$$\text{Now } \cos^2 \alpha + \sin^2 \alpha = 1$$

$$\therefore \cos^2 \alpha + \frac{25}{169} = 1$$

$$\therefore \cos^2 \alpha = \frac{144}{169}$$

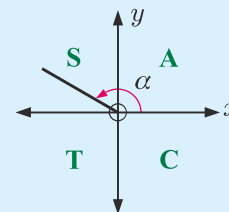
$$\therefore \cos \alpha = \pm \frac{12}{13}$$

$$\therefore \cos \alpha = -\frac{12}{13}$$

$$\text{But } \sin 2\alpha = 2 \sin \alpha \cos \alpha$$

$$\therefore \sin 2\alpha = 2\left(\frac{5}{13}\right)\left(-\frac{12}{13}\right)$$

$$= -\frac{120}{169}$$

**EXERCISE 11D**

1 If $\sin \theta = \frac{4}{5}$ and $\cos \theta = \frac{3}{5}$ find the exact values of:

a $\sin 2\theta$

b $\cos 2\theta$

c $\tan 2\theta$

2 a If $\cos A = \frac{1}{3}$, find $\cos 2A$.

b If $\sin \phi = -\frac{2}{3}$, find $\cos 2\phi$.

3 If $\sin \alpha = -\frac{2}{3}$ where $\pi < \alpha < \frac{3\pi}{2}$, find the exact value of:

a $\cos \alpha$

b $\sin 2\alpha$

4 If $\cos \beta = \frac{2}{5}$ where $270^\circ < \beta < 360^\circ$, find the exact value of:

a $\sin \beta$

b $\sin 2\beta$

Example 17


If α is acute and $\cos 2\alpha = \frac{3}{4}$ find the exact values of: **a** $\cos \alpha$ **b** $\sin \alpha$.

a $\cos 2\alpha = 2 \cos^2 \alpha - 1$

$\therefore \frac{3}{4} = 2 \cos^2 \alpha - 1$

$\therefore \cos^2 \alpha = \frac{7}{8}$

$\therefore \cos \alpha = \pm \frac{\sqrt{7}}{2\sqrt{2}}$

$\therefore \cos \alpha = \frac{\sqrt{7}}{2\sqrt{2}}$

{as α is acute, $\cos \alpha > 0$ }

b $\sin \alpha = \sqrt{1 - \cos^2 \alpha}$

{as α is acute, $\sin \alpha > 0$ }

$\therefore \sin \alpha = \sqrt{1 - \frac{7}{8}}$

$\therefore \sin \alpha = \sqrt{\frac{1}{8}}$

$\therefore \sin \alpha = \frac{1}{2\sqrt{2}}$

5 If α is acute and $\cos 2\alpha = -\frac{7}{9}$, find without a calculator: **a** $\cos \alpha$ **b** $\sin \alpha$.

Example 18


Use an appropriate 'double angle formula' to simplify:

a $3 \sin \theta \cos \theta$

b $4 \cos^2 2B - 2$

a $3 \sin \theta \cos \theta$

$= \frac{3}{2}(2 \sin \theta \cos \theta)$

$= \frac{3}{2} \sin 2\theta$

b $4 \cos^2 2B - 2$

$= 2(2 \cos^2 2B - 1)$

$= 2 \cos 2(2B)$

$= 2 \cos 4B$

6 Find the exact value of $[\cos(\frac{\pi}{12}) + \sin(\frac{\pi}{12})]^2$.

7 Use an appropriate 'double angle' formula to simplify:

a $2 \sin \alpha \cos \alpha$

b $4 \cos \alpha \sin \alpha$

c $\sin \alpha \cos \alpha$

d $2 \cos^2 \beta - 1$

e $1 - 2 \cos^2 \phi$

f $1 - 2 \sin^2 N$

g $2 \sin^2 M - 1$

h $\cos^2 \alpha - \sin^2 \alpha$

i $\sin^2 \alpha - \cos^2 \alpha$

j $2 \sin 2A \cos 2A$

k $2 \cos 3\alpha \sin 3\alpha$

l $2 \cos^2 4\theta - 1$

m $1 - 2 \cos^2 3\beta$

n $1 - 2 \sin^2 5\alpha$

o $2 \sin^2 3D - 1$

p $\cos^2 2A - \sin^2 2A$

q $\cos^2(\frac{\alpha}{2}) - \sin^2(\frac{\alpha}{2})$

r $2 \sin^2 3P - 2 \cos^2 3P$

8 Show that:

a $(\sin \theta + \cos \theta)^2 = 1 + \sin 2\theta$

b $\cos^4 \theta - \sin^4 \theta = \cos 2\theta$

9 Solve exactly for x where $0 \leq x \leq 2\pi$:

a $\sin 2x + \sin x = 0$

b $\sin 2x - 2 \cos x = 0$

c $\sin 2x + 3 \sin x = 0$

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10 Use the double angle formula to show that:

a $\sin^2 \theta = \frac{1}{2} - \frac{1}{2} \cos 2\theta$

b $\cos^2 \theta = \frac{1}{2} + \frac{1}{2} \cos 2\theta$